

Pediatric Dosing Charts

Fifth Avenue Pediatrics, PA
727-323-2727

TYLENOL (ACETAMINOPHEN) DOSING				
EVERY 4 HOURS				
WEIGHT	AGE	Infant Tylenol 160mg/5ml	Children's Tylenol 160mg/5 ml	Children's Tylenol Chewable 160 mg
6-11 lbs	0-3 months	1.25 mL		
12-17 lbs	4-11 months	2.5 mL	½ tsp (2.5 mL)	
18-23 lbs	12-23 months	3.75 mL	¾ tsp	
24-35 lbs	2-3 years	5 mL	1 tsp (5 mL)	1
36-47 lbs	4-5 years	5 mL	1 ½ tsp (7.5 mL)	1 ½
48-59 lbs	6-8 years		2 tsp (10 mL)	2
60-71 lbs	9-10 years		2 ½ tsp (12.5 mL)	2 ½
72-95 lbs	11 years		3 tsp (15 mL)	3
96+ lbs	12 years		4 tsp (20 mL)	4

*You can alternate acetaminophen and ibuprofen every 3-4 hours. Make sure there are 4 hours between acetaminophen doses and 6 hours in between ibuprofen doses. Fever and pain may respond better to this kind of dosing.

MOTRIN/ADVIL (IBUPROFEN) DOSING					
EVERY 6-8 HOURS					
*****DO NOT USE IBUPROFEN BEFORE 6 MONTHS OF AGE*****					
WEIGHT	AGE	Infant Motrin/Advil 50mg/1.25ml	Children's Motrin/Advil 100mg/5 ml	Junior Strength Advil Chewable 100 mg	Junior Strength Advil Tablets 100 mg
12-17 lbs	6-11 months	1.25 mL			
18-23 lbs	12-23 months	1.875 mL			
24-35 lbs	2-3 years		1 tsp (5 mL)		
36-47 lbs	4-5 years		1 ½ tsp (7.5 mL)		
48-59 lbs	6-8 years		2 tsp (10 mL)	2	2
60-71 lbs	9-10 years		2 ½ tsp (12.5 mL)	2 ½	2
72-95 lbs	11 years		3 tsp (15 mL)	3	3

DELSYM (DEXTROMETHORPHAN) DOSING	
NO cough meds under 6 years old due to breathing concerns	
6-12 years	1 tsp (5 mL) every 12 hours
12 years & up	2 tsp (10 mL) q 12 hours

BENADRYL (DIPHENHYDRAMINE) DOSING	
EVERY 6-8 HOURS	
WEIGHT	Benadryl 12.5 mg/5 mL
10-20 lbs	½ tsp (2.5 mL)
20-30 lbs	1 tsp (5 mL)
30-40 lbs	1 ½ tsp (7.5 mL)
40-50 lbs	2 tsp (10 mL)
50-90 lbs	2 tsp (10 mL)

ZYRTEC (CETRIZINE) AND CLARITIN (LORATADINE) DOSING	
ZYRTEC: AGES 6 MONTHS+ CLARITIN 2 YRS+	
EVERY 24 HOURS	
WEIGHT	Children's cetirizine or loratadine (5 mg/5 mL)
20 lbs	½ tsp (2.5 mL)
30 lbs	¾ tsp
40 lbs	1 tsp (5 mL)
60 lbs	1 ½ tsp (7.5 mL)
80 lbs +	2 tsp (10 mL), or one 10 mg tab

SUNSCREEN RECOMMENDATIONS
At least SPF 30, reapply every 80 minutes
Important active ingredient is Zinc Oxide
Recommended brands: Blue Lizard, Coppertone Sport, No-Ad, Neutrogena
Use rash guard and hat, especially for infants
INSECT REPELLENT
Sawyer Premium Insect Repellent with 20% Picaridin-safe for babies of all ages
Ben's 30 % Deet- NOT for babies less than 2 months
Deep Woods OFF with Deet if above not available- check products for ages of use